

## Commonwealth Council on Aging Member List

**Eugenia Anderson-Ellis, Vice-Chair**

2702 East Grace Street  
Richmond, VA 23223  
Home (804) 643-3915  
Fax (804) 643-6363 (Call first)  
E-mail [anderellis@aol.com](mailto:anderellis@aol.com)  
**Appointed 7/1/05 to serve 4-year term  
Ending 6/30/09**

**Betty M. Bowden, Secretary**

1944 Charla Lee Lane  
Virginia Beach, VA 23455  
Home (757) 460-3481  
E-mail [bmbowden418@aol.com](mailto:bmbowden418@aol.com)  
**Re-appointed 7/1/06 to serve 4-year term  
ending 6/30/10**

**Ann A. Brown**

10205 Iverson Avenue  
Fredericksburg, VA 22407  
Cell (757) 814-7571  
E-mail [abwb1908@verizon.net](mailto:abwb1908@verizon.net)  
**Appointed 7/1/06 to serve 4-year term  
ending 6/30/10**

**Mary Lee Cantor**

5629 Stoneacre Place  
Glen Allen, VA 23059  
Home (804) 360-1313  
Fax (804) 360-8983  
E-mail [mlec500@aol.com](mailto:mlec500@aol.com)  
**Re-appointed 7/1/04 to serve 4-year term  
ending 6/30/08**

**Barbara M. Chrisley, Ph.D.**

6036 Oakview Avenue  
Dublin, VA 24084  
Home (540) 674-4021  
E-mail [bchrisle@radford.edu](mailto:bchrisle@radford.edu)  
**Re-appointed 7/1/04 to serve 4-year term  
ending 6/30/08**

**Helen M. Cockrell**

**Executive Director**  
Shenandoah Area Agency on Aging, Inc.  
207 Mosby Lane  
Front Royal, VA 22630-3029  
Work (540) 635-7141  
Fax (540) 636-7810  
E-mail [Helen.cockrell@shenandoahaaa.com](mailto:Helen.cockrell@shenandoahaaa.com)  
**Re-appointed 7/1/06 to serve 4-year term  
ending 6/30/10**

**Gene Ecton Davis, Chair**

306 Westminster Road  
Charlottesville, VA 22901-2234  
Home (434) 971-5538  
Fax (434) 971-5538 (call first)  
E-mail [ssvgesmrc@earthlink.net](mailto:ssvgesmrc@earthlink.net)  
**Re-appointed 7/1/05 to serve 4-year term  
ending 6/30/09**

**David M. Farnum**

4626 Mill View Court  
Roanoke, VA 24018  
Work (540) 563-6085  
Fax (540) 563-6681  
E-mail [david.farnum@wachovia.com](mailto:david.farnum@wachovia.com)  
**Appointed 7/1/06 to serve 4-year term  
ending 6/30/10**

**Thelma S. Gilley**

5831 Powell Valley Road  
Big Stone Gap, VA 24219-4123  
How (276) 679-1394  
E-mail [thelma32@adelphia.net](mailto:thelma32@adelphia.net)

**Appointed 7/1/05 to serve 4-year term  
ending 6/30/09**

**Judith Koziol**

729 Woodson Place  
Manakin-Sabot, VA 23103  
Home (804) 784-5757  
Fax (804) 784-6767  
E-mail [judkoz@yahoo.com](mailto:judkoz@yahoo.com)

**Re-appointed 7/1/06 to serve 4-year term  
ending 6/30/10**

**Richard W. Lindsey, M.D.**

352 Key West Drive  
Charlottesville, VA 22911  
Home (434) 293-9769  
E-mail [rw13w@virginia.edu](mailto:rw13w@virginia.edu)

**Appointed 7/1/04 to serve 4-year term  
ending 6/30/08**

**Richard E. Lyons**

President/CEO  
Sunnyside Communities  
600L University Boulevard  
Harrisonburg, VA 22801  
Work (540) 568-8203  
Fax (540) 568-6248  
E-mail [dlyons@sunnyside.cc](mailto:dlyons@sunnyside.cc)

**Appointed 7/1/05 to serve 4-year term  
ending 6/30/09**

**Gwen C. Mullen**

213 Wilkes Street  
Alexandria, VA 22314  
Home (703) 548-9899  
Fax (703) 548-2725  
E-mail [gwenmullen@comcast.net](mailto:gwenmullen@comcast.net)

**Appointed 7/1/04 to serve 4-year term  
ending 6/30/08**

**Ruth Nelson, Ph.D.**

443 Laurel Avenue  
Fredericksburg, VA 22408-1571  
Home (540) 710-0786  
Fax (540) 710-0011  
E-mail [nelson@aarp.org](mailto:nelson@aarp.org)

**Appointed 7/1/06 to serve 4-year term  
ending 6/30/10**

**William C. Parrish**

109 Oakmont Court  
Vienna, VA 22180  
Home (703) 281-9006  
Work (540) 937-5799  
E-mail [wparrish@erols.com](mailto:wparrish@erols.com)

**Appointed 6/1/05 to serve unexpired term  
ending 6/30/08**

**Theresa Whay Ransone**

Assistant Vice President & Golden  
Advantage Club Director  
Bank of Lancaster  
100 S. Main Street  
P. O. Box 1869  
Kilmarnock, VA 22482  
Work (804) 435-4118  
Fax (804) 435-0543  
E-mail [transone@crosslink.net](mailto:transone@crosslink.net)

**Appointed 7/1/04 to serve 4-year term  
ending 6/30/08**

**Stephen G. Reardon**

Attorney at Law  
Spotts Pain PC  
411 E. Franklin Street, Suite 600  
Richmond, VA 23219  
Work (804) 697-2075  
Fax (804) 697-2175  
E-mail [sreardon@spottsfain.com](mailto:sreardon@spottsfain.com)

**Appointed 7/1/06 to serve 4-year term  
ending 6/30/10**

**Elvira B. Shaw**

203 Crestwood Drive  
Colonial Heights, VA 23834  
Home (804) 526-0481  
E-mail [ebshaw@verizon.net](mailto:ebshaw@verizon.net)

**Re-appointed 7/1/06 to serve 4-year term  
ending 6/30/10**

**E. Harris Spindle, Jr.**

921 White Oak Road  
Fredericksburg, VA 23405

Work (804) 343-3041

Fax (804) 649-2258

E-mail [hspindle@youraaa.org](mailto:hspindle@youraaa.org)

**Appointed 7/1/06 to serve unexpired  
term ending 6/30/10**

**Ex Officio Members**

**The Honorable Marilyn B. Tavenner**

Secretary of Health and Human Resources  
1111 East Broad Street

Suite 4001

Richmond, VA 23219

*Mailing Address:*

P. O. Box 1475

Richmond, VA 23218

Office (804) 786-7765

Fax (804) 371-6984

**Terry Smith**

Director, Division of Long-Term Care and  
Quality Assurance

Department of Medical Assistance Services

600 E. Broad Street, Suite 1300

Richmond, VA 23219

Office (804) 692-0481

Fax (804) 371-4986

E-mail [terry.smith@dmas.virginia.gov](mailto:terry.smith@dmas.virginia.gov)

**Linda Nablo**

Commissioner

Virginia Department for the Aging

1610 Forest Avenue, Suite 100

Richmond, VA 23229

Office (804) 662-9308

Fax (804) 662-7035

E-mail [Linda.Nablo@vda.virginia.gov](mailto:Linda.Nablo@vda.virginia.gov)

**Gail Nardi**

Adult Services Program Manager

Virginia Department of Social Services

7 N. Eighth Street

Richmond, VA 23219

Office (804) 726-7537

E-mail [gail.nardi@dss.virginia.gov](mailto:gail.nardi@dss.virginia.gov)